## MAD COWBOY

SONG: "MAD COWBOY DISEASE" by JOHN MICHAEL MONTGOMERY.
ALBUM: "MAD COWBOY DISEASE" CD Single.
ORIGINAL POSITION: FEET TOGETHER WEIGHT ON THE LEFT FOOT. CHOREOGRAPHER: GORDON ELLIOTT. Sydney. AUSTRALIA. April 2008.

Contact (02) 9550-6789

| BEATS                                 | STEPS: This dance is done in TWO directions. Introduction : 32 Beats                                                                                                                                                                                                                                                                                         |
|---------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1, 2<br>& 3, 4<br>5, 6<br>7, 8        | FORWARD, FORWARD-SIDE, ACROSS, TOUCH, ACROSS, TOUCH, ½ TURN STEP R FORWARD, STEP L FORWARD, STEP R TO THE SIDE, STEP L TO THE SIDE, STEP R ACROSS IN FRONT OF LEFT, TOUCH L TOE TO THE SIDE, STEP L ACROSS IN FRONT OF RIGHT, TOUCH R TOE TO THE SIDE, TURN 180 DEGREES RIGHT STEP R TOGETHER.                                                               |
|                                       |                                                                                                                                                                                                                                                                                                                                                              |
| 1, 2<br>&<br>3, 4<br>5 &<br>6<br>7, 8 | TOUCH, CLICK-HITCH-TOUCH, KICK, BEHIND-SIDE-ACROSS, HIP, HIP TOUCH L TOE TO THE SIDE, HOLD & CLICK FINGERS, HITCH L KNEE ACROSS IN FRONT OF BODY, TOUCH L TOE TO THE SIDE, KICK L FORWARD AT 45 DEGREES LEFT, STEP L BEHIND RIGHT, STEP R TO THE SIDE, STEP L ACROSS IN FRONT OF RIGHT, SIDE ROCK ONTO R PUSH HIPS RIGHT, STEP L TO THE SIDE PUSH HIPS LEFT. |
|                                       |                                                                                                                                                                                                                                                                                                                                                              |
| 1 & 2<br>3 & 4<br>5, 6<br>7 & 8       | SAILOR STEP, ¼ TURN SAILOR STEP,<br>FORWARD, ¾ HOOK, SHUFFLE FORWARD<br>SAILOR: STEP R BEHIND L, STEP L TO THE SIDE, STEP R TO THE SIDE,<br>SAILOR STEP TURNING 90 DEGREES LEFT STEP: L-R-L,<br>STEP R FORWARD, TURN 270 DEGREES LEFT HOOK L HEEL TO RIGHT SHIN,<br>SHUFFLE FORWARD STEP: L-R-L.                                                             |
|                                       |                                                                                                                                                                                                                                                                                                                                                              |
| 1, 2<br>3 & 4<br>5, 6<br>7<br>8 ##    | FORWARD, ROCK, 1 & ½ TURN TRIPLE, FORWARD, ROCK, ½ TURN, DRAG STEP R FORWARD, ROCK BACK ONTO L, TRAVEL BACK TURNING 540 DEGREES RIGHT TRIPLE STEP : R-L-R, STEP L FORWARD, ROCK BACK ONTO R, TURN 180 DEGREES LEFT STEP L FORWARD, DRAG TO TOUCH R TOE TOGETHER.                                                                                             |
|                                       |                                                                                                                                                                                                                                                                                                                                                              |

| 1, 2<br>3 & 4<br>5, 6<br>7 & 8 | KICK, KICK, SAILOR STEP, KICK, KICK, BEHIND-SIDE-ACROSS KICK R ACROSS IN FRONT OF LEFT, KICK R TO THE SIDE, SAILOR: STEP R BEHIND LEFT, STEP L TO THE SIDE, STEP R TO THE SIDE, KICK L ACROSS IN FRONT OF RIGHT, KICK L TO THE SIDE, STEP L BEHIND RIGHT, STEP R TO THE SIDE, STEP L ACROSS IN FRONT OF RIGHT                              |
|--------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                |                                                                                                                                                                                                                                                                                                                                            |
| 1, 2<br>3, 4<br>5, 6<br>7, 8   | HIP, HIP, TOUCH, FULL TURN, HIP, HIP, TOUCH, FULL TURN STEP R TO THE SIDE PUSH HIPS RIGHT, SIDE ROCK ONTO L PUSH HIPS LEFT, TOUCH R TOE BEHIND LEFT, TURNING 360 DEGREES RIGHT TAKE WEIGHT ON R, STEP L TO THE SIDE PUSH HIPS LEFT, SIDE ROCK ONTO R PUSH HIPS RIGHT, TOUCH L TOE BEHIND RIGHT, TURNING 360 DEGREES LEFT TAKE WEIGHT ON L. |
| 48                             | REPEAT THE DANCE IN NEW DIRECTION                                                                                                                                                                                                                                                                                                          |
|                                | RESTART : On WALL 4 dance to BEAT 32 (##) then RESTART facing the FRONT.                                                                                                                                                                                                                                                                   |